



**FIRMEN-
CHALLENGE
ÖSTERREICH**

WIR SUCHEN DIE AKTIVSTEN UNTERNEHMEN ÖSTERREICHS



„Movement is the most natural thing in the world“

Kira Grünberg
former pole vaulter and
ambassador of the Firmenchallenge

Join us and do something good for yourself and the environment!

Your employer has already taken the first step and is taking part in the Firmenchallenge Österreich.

Starting October 1., you and your teammates and colleagues can collect exercise minutes for 50 days and learn a lot of interesting facts from sports legends and experts about nutrition, exercise and mental fitness.

Use this healthy impulse for your well-being and support the environment at the same time. One tree will be planted for every thousand minutes of exercise! So register now!

Have fun, your Armin



For more information visit
www.firmenchallenge-oesterreich.at

A health initiative with the support of

